November 2026 edition

Horse Racing Handicapping for Beginners

Learn how distance, surface and pace shape a horse race.

Start with the conditions

Compare today’s distance and surface with each runner’s recent races. A dirt sprinter faces a different test stretching out on turf.

Sketch the pace

Two horses that usually lead may push each other early and help a runner sitting just behind them. If either scratches, revisit your pace scenario.

Keep learning

- How to Identify Horse Racing Contenders
- How to Make a Horse Racing Betting Plan
- How to Track Horse Racing Picks and Results

Get early access to The Paddock

Wager only what you can afford to lose. No selection or strategy guarantees a return.